

"Fighting for happiness is the hardest thing you'll ever fight for, but it's the only thing worth fighting for." -Lilly Singh

"Self-care is how you take your power back." -Unknown



"If you get tired learn to rest, not to quit." -Banksy

"Jou may see me struggle, but you'll never see me quit." - Blogilates

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"Excuses will always be there for you, opportunity won't." -Unknown

"YOU'LL NEVER TRULY KNOW IF YOU CAN ACCOMPLISH SOMETHING, OR BE GREAT AT SOMETHING IF YOU DON'T COMMIT." -LILLY SINGH

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